



On the Cover: A beautiful brain with augumenter colors.
CC Image courtesy by _DJ_ on Flickr.

Contents

- Editor's Note 3
- A Brief Review on the Nutrient Effects on the Brain and Implications by Do Yeon (Jason) Kim 4
- Brain Development of Schizophrenic Patients by Bailey S. Zinger 6
- Neural Pathways of Anxiety by Luke LaLonde 8
- Neurological Benefits of Mindfulness by Victoria Wu 10
- The Origin, History and Science of Memory by Neil Doherty 12
- Writer's Bio 15

CC Image courtesy by balapagos on Flickr